

WHO ARE WE?

Schools, groups, businesses, and families with a passion for promoting healthier lifestyles and supporting our local economy are excited to offer this innovative approach to school and community group fundraisers. This fundraiser is in year 11 and includes five organizations (participating groups are listed at farmshed.org). We hope for continued growth in Portage and Wood County organizations.

WANT TO HELP?

You can assist with this fundraiser or similar projects by contacting Farmshed. Farmshed has been an integral partner of the Local Food Tastes Great! Fundraiser since 2011.



1220 Briggs Court
Stevens Point, WI
54481
farmshed.org
(715) 544-6154
info@farmshed.org



Thank you to Dolce
Imaging & Printing for their
wonderful customer service!

WITH YOUR PURCHASE, YOU AGREE TO ASSUME RESPONSIBILITY FOR THE CONDITION AND SAFETY OF THE FOOD PRODUCT. IF YOU ARE DISSATISFIED IN ANY WAY, PLEASE CONTACT THE PRODUCER DIRECTLY.

2020



FARMSHED

Local Food Tastes Great! Fundraiser

Order online at
farmshed.org



WHY BUY LOCAL?

Buying local food helps our children know where their food comes from, what farm fresh produce tastes like, and how it is grown. Buying local food also helps our community's economy, rather than sending our money elsewhere.

HOW IS THIS FOOD GROWN?

There are many different ways of farming, so the symbols below let you know how the products in our fundraiser are grown. Our food choices affect how land is managed. Buying grass-fed beef helps protect green pastures, while purchasing maple syrup helps protect forests. Growing practices affect farmers' earnings, as well as the health of the environment and the people who live in it.

PESTICIDE USE

Pesticides are used to kill or control weeds, insects and fungi. If pesticides are not applied, they don't enter water, air, or people.



No pesticides



Only pesticides allowed under USDA organic standards



Integrated pest management to minimize use and toxicity of pesticides

FERTILIZER USE

Synthetic fertilizers are made with natural gas, dissolve quickly in water and can enter our groundwater and wells.



No synthetic fertilizers



Less than 50% synthetic fertilizers

WATER CONSERVATION

While water is plentiful in most parts of Wisconsin, groundwater drawdowns have occurred in some parts of the state.



Large effort to conserve water



Some effort to conserve water

ENERGY CONSERVATION RENEWABLE ENERGY

Wisconsin has no sources of coal, petroleum, or natural gas. Wisconsinites spent over 19 billion dollars for energy in 2017, a drain to our economy.



Large effort to conserve energy or use renewable energy



Some effort to conserve energy or use renewable energy

FOR MORE INFORMATION, GO TO FARMSHED.ORG

1. SUPPORT YOUR ORGANIZATION

Add a donation to your order to directly help the local school or group selling these fabulous local goods.

2. SUPPORT FARMSHED

Farmshed works to grow a resilient local food community in Central Wisconsin. We provide opportunities like this fundraiser to connect you with your food. You can support this non-profit group with a donation that will directly and positively impact you and your community.

CENTRAL RIVERS
FARMSHED
STEVENS POINT



FARMSHED APRONS \$25 each

3. "LETTUCE GIVE THANKS"

new item

4. "WE GOT THE BEET"

These durable aprons are made in the U.S. and showcase Farmshed's logo.

You can also support Farmshed by:

- Becoming a member
- Eating local through the winter with Farmshed's Frozen Assets Program (November-March)
- Volunteering your time

Email info@farmshed.org to get involved.



16 OZ. BOTTLE \$20

SIREN SHRUB COMPANY
AMHERST JUNCTION

new items

5. BASIL SHRUB

6. MAPLE GINGER SHRUB

A sweet vinegar concentrate to be served with sparkling/still water or used in your favorite vinaigrettes/marinades. Each bottle makes 12-16 recipes. Features one Wisconsin ingredient.

Suitable for all ages.



7. CERTIFIED ORGANIC

RUESCH CENTURY FARM
VESPER

CRANBERRIES - 8 OZ. \$4.50

Our farm was established in 1879 and has become the first certified organic cranberry bog in WI. Cranberries are harvested with

Amish-made hand rakes which produce high-quality, bruise-free berries.



8. CALICO POPCORN
2 LB. BAG \$3.95

SLACK'S, INC.
LODI



Slack's has been a family-owned corporation since 1954. Many say ours is the best popping corn they've tasted; producing flavorful and nutty, large popped kernels! This corn is non-GMO and grown using organic practices.

new item

9. APPLE BUTTER - 9 OZ. JAR \$5



Slack's Apple Butter is made from farm fresh apples with a hint of warm cinnamon and nutmeg spice in a class by itself. It's not a jam or jelly, although it can be used in much the same way.

new item

10. PUMPKIN BUTTER - 9 OZ. JAR \$5



Slack's Pumpkin Butter is made with real pumpkin, cane sugar, and a blend of fall spices. Great for english muffins, pancakes, or waffles, it also makes the best no-bake pumpkin pie! Recipe included on the jar.



11. LOCALLY ROASTED COFFEE
1 LB. BAG \$15

LIBERATION
COFFEE
ALMOND

SOLIDARITY BLEND
MEDIUM/DARK ROAST
(\$10 GIFT CARD ON FLIP SIDE)

We visit small coffee farmers in Mexico and Kenya to harvest and process coffee by hand and then roast it weekly. The coffee grows in beautiful, diverse, shaded forests.



This coffee directly supports farmers for their sustainable practices. Whole bean coffee.



12. 5 LB. BAG ONIONS \$9.50
(MAY BE A MIX OF RED AND YELLOW ONIONS)

GRAVEL ROAD FARM
WAUPACA



Gravel Road Farm grows fruits, vegetables, eggs, meat, wool, and cut flowers. Our farm's mission is to produce food in a way that causes minimal impact on the natural environment and is healthy for the consumer. We are currently following all organic practices, but have not yet been certified.



13. HONEY 12 OZ. BOTTLE \$7.50

V'S BEES, LLC
WAUTOMA



We specialize in one thing: HONEY. Our goal is to produce the best quality honey possible (actually the bees do all the work). Our local nectar source is primarily natural wildflowers. To retain its delicate flavor, this honey is pure, unfiltered and raw (not heated to the point of pasteurization).



14. SWEETENED DRIED CRANBERRIES 8 OZ. \$5

RUBI REDS
WISCONSIN RAPIDS



These premium sweetened dried cranberries have more pectin than any other dried cranberries on the market.

15. FOOTBALL PARTY TRAY \$10

1 lb. container - sweetened dried cranberries, peanuts, almonds, candy coated chocolates and milk chocolate covered cranberries.



BEEF STICKS - TWO VARIETIES
8 OZ. PACKAGE \$8.50

BICE'S QUALITY
CRITTER RANCH
VESPER

16. PLAIN
17. JALAPENO

These sticks are made from quality grass-fed Galloway beef. Pasture-raised animals are healthier for the environment, people, and animals. Beef sticks contain pork and are free from preservatives.



KEEP REFRIGERATED



18. SUMMER SAUSAGE
8 OZ. PACKAGE \$8.50

This delicious grass-fed, uncured summer sausage log has no added nitrates or preservatives.

Contains some pork.



19. APPLES 3 LB. BAG \$7

GRANDVIEW ORCHARD
ANTIGO

Grandview Orchard is a 25-acre orchard that is over 100 years old! We focus on using holistic practices to produce nutrient dense apples without synthetic chemicals.



LOCAL CHEESE

8 OZ. BLOCKS **\$3.50**

- 20. COLBY-JACK
- 21. MILD CHEDDAR
- 22. PEPPER JACK

Mullins Cheese is the largest family-owned and operated cheese factory in Wisconsin. We offer everything from 50 varieties of deliciously fresh Wisconsin cheeses, to homemade Mullins Take 'n Bake pizzas, to souvenirs and everything in between.



**MULLINS CHEESE
MOSINEE**

CERTIFIED ORGANIC SPUDDIES IGL FARMS, LLC POTATOES - 5 LB. BAG \$5

- 23. GARDEN RUSSET
- 24. ANTIGO RED
- new item** 25. AUTUMN GOLD

We apply the principles of biological farming to grow a healthy, high quality product while working with natural systems to establish healthy soil, healthy plants, and healthy food. Taste the difference!



- 26. MAPLE SYRUP QUART **\$25.50**
- 27. MAPLE SUGAR 6 OZ. **\$10.50**

**JAY'S HILLTOP
SUGARHOUSE
NELSONVILLE**



Maple sugar contains antioxidants, anti-inflammatory properties, and has a lower glycemic index than table sugar, making it the perfect addition to your oatmeal, baked dishes, or coffee...the possibilities are endless! Contact us for a tour or to get our premium bourbon barrel aged maple syrup.



- 28. ORGANIC SUNFLOWER OIL **\$8**

**CENTURY SUN OIL
PULASKI**



Seeds for our oil are grown on organic farms in Wisconsin, we do all the pressing, filtering and labeling in our facility in Pulaski, WI. It is a great cooking oil, good for salads, marinades, fry, popcorn anywhere you use a cooking oil.



- 29. WHOLE GRAIN
ROLLED OATS - 1 LB. BAG **\$6.50**

**MEUER FARM, LLC
CHILTON**

These oats make a creamy breakfast cereal and a great addition to cookies and breads. Since our certified, gluten-free, thick rolled oats are not pre-soaked, their nutrient levels are the same as steel-cut oats. This 150 acre family-owned farm has been in the Meuer family since 1969.



- new item** 30. WHOLE GRAIN SPELT
FLOUR - 1 LB. BAG **\$6.50**

Whole grain spelt flour. It's rich nutty flavor is great for pancakes and cookies.



31-36. GIFT CERTIFICATES \$10



These businesses support local farmers by carrying local food and food grown without pesticides.

- 31. Emy J's roasts and serves all fair trade, organic coffees. Our ice cream is made in Madison, Wisconsin by Chocolate Shoppe Ice Cream. **EMY J'S
STEVENS POINT**

- 32. A full service health food store with friendly, knowledgeable service. **FAMILY NATURAL FOODS
WISCONSIN RAPIDS**

- 33. Located on the corner of Fourth and Second Street, the co-op focuses on delivering high-quality natural, organic, and locally-sourced products. **STEVENS POINT CO-OP
STEVENS POINT**

- 34. Located inside the Stevens Point Co-op, Earthcrust's baked goods are made with organic flours and grains. We also use local dairy products, eggs, honey, and vegetables. We meet our electrical needs with solar power. **EARTHCRUST
BAKERY
STEVENS POINT**

- 35. This bakery offers artisan sourdough bread, specialty cakes, scones, cookies, and more! Made from scratch with organic and local ingredients. **MAIN GRAIN BAKERY
STEVENS POINT**

- new item** 36. This gift card is redeemable for prepared food at Adelante Cafe in Almond or fresh food at the Stevens Point farmers market. **LIBERATION FARMERS
ALMOND**