

2017



FARMSHED

Local Food Tastes Great!
School Fundraiser

View
brochure
online at
farmshed.org

WHY BUY LOCAL?

Buying local food helps our children know where their food comes from, what farm fresh produce tastes like and how it is grown. Buying local food also helps our community's economy, rather than sending our money elsewhere.

HOW IS THIS FOOD GROWN?

There are many different ways of farming, so the symbols below let you know how the products in our fundraiser are grown. Our food choices affect how land is managed. Buying grass-fed beef helps protect green pastures, while purchasing maple syrup helps protect forests. Growing practices affect farmers' earnings, as well as the health of the environment and the people who live in it.

PESTICIDE USE

Pesticides are used to kill or control weeds, insects and fungi. If pesticides are not applied, they don't enter water, air or people.



No Pesticides



Only pesticides allowed under USDA organic standards



Integrated Pest Management to minimize use and toxicity of pesticides



Mainly Synthetic pesticides

FERTILIZER USE

Synthetic fertilizers are made with natural gas, dissolve quickly in water and can enter our groundwater and wells.



No synthetic fertilizers



Less than 50% synthetic Fertilizers



More than 50% Synthetic Fertilizers

WATER CONSERVATION

While water is plentiful in most parts of Wisconsin, groundwater drawdowns have occurred in some parts of the state.



Large effort to conserve water



Some effort to conserve water



No response to the question

ENERGY CONSERVATION RENEWABLE ENERGY

Wisconsin has no sources of coal, petroleum or natural gas. Wisconsinites spent over 23 billion dollars for energy in 2008, a drain to our economy.



Large effort to conserve energy or use renewable energy



Some effort to conserve energy or use renewable energy



No response to the question

FOR MORE INFORMATION, GO TO FARMSHED.ORG

1. SUPPORT YOUR SCHOOL

Add a donation to your order to directly help the local school or group selling these fabulous local goods.
100% of your donation goes to the organization you choose.

2. SUPPORT FARMSHED

Farmshed provides opportunities, like this local food fundraiser, for participation, education, cooperation, and action to support a local food economy in Central Wisconsin, connecting you with your food! You can support this non-profit group with a donation that will directly and positively impact you and your community.

CENTRAL RIVERS
FARMSHED
STEVENS POINT



Did you know Farmshed has a line of delicious, locally grown jarred veggies? Enjoy our Hand Packed Harvest.

See what we have to offer!



new vendor

3. 8 OZ. CARROT DAIKON SLAW \$8.00

This Vietnamese inspired slaw is perfect on pulled pork sandwiches!

4. 16 OZ. RHUBARB SALSA \$10.00

Our twist on a classic dip is packed with smoky flavor and a little bit of heat!

5. CERTIFIED ORGANIC CRANBERRIES - 8 OZ. \$4.50

RUESCH CENTURY FARM
VESPER

Our farm was established in 1879 and has become the first certified organic cranberry bog



in WI. Cranberries are harvested with Amish-made hand rakes which produce high-quality, bruise-free berries.



new vendor

6. APPLES 3 LB. BAG \$6

GRANDVIEW ORCHARD
ANTIGO

Grandview Orchard is a 25 acre orchard that is over 100 years old! They focus on using holistic practices to produce nutrient dense apples without synthetic chemicals.



**7. CERTIFIED ORGANIC
RUSSET POTATOES
5 LB. BAG \$5**

**IGL FARMS, LLC
ANTIGO**



**8. CERTIFIED ORGANIC
RED POTATOES
5 LB. BAG \$5**

Family owned and operated for over 75 years, we specialize in growing healthy, nutritious, organic potatoes. We are Certified Organic and GAP certified.



**LOCALLY ROASTED COFFEE
1 LB. BAGS \$15**

**LIBERATION
COFFEE
ALMOND**

**9. MEDIUM ROAST
10. DARK ROAST**

We visit small coffee farmers in Mexico and Kenya to harvest and process coffee by hand and then roast it weekly. The coffee grows in beautiful, diverse, shaded forests. This coffee directly supports farmers for their sustainable practices. Whole bean coffee.



11. ROOT MEDLEY \$20

**GRAVEL ROAD FARM
WAUPACA**

2 lb. carrots
3 lb. potatoes
1.5 lb. farmers choice



**12. 8 LB. SQUASH
MEDLEY \$16**

13. 5 LB. ONIONS \$9.50

14. 1 LB. GARLIC \$13

Gravel Road Farm grows fruits, vegetables, eggs, meat, wool and cut flowers. Our farm's mission is to produce food in a way that causes minimal impact on the natural environment and is healthy for the consumer. We are currently following all organic practices, but have not yet been certified. Our children are involved in many parts of the farm, and we welcome visitors with an appointment.



15. HONEY 12 OZ. BOTTLE \$7

**V'S BEES, LLC
WAUTOMA**

16. HONEY 2 LB. BOTTLE \$17

We specialize in one thing: HONEY. Our goal is to produce the best quality honey possible (actually the bees do most of the work). Our local nectar source is primarily natural wildflowers. To retain its delicate flavor, this honey is pure, unfiltered and raw (not heated to the point of pasteurization).



17. SWEETENED DRIED CRANBERRIES 8 OZ. \$5

**RUBI REDS
WISCONSIN RAPIDS**

These premium sweetened dried cranberries are grown, processed and packaged locally. Enjoy the fresh, plump natural goodness of Wisconsin's state fruit!



18. FOOTBALL PARTY TRAY \$10



1 lb. container - sweetened dried cranberries, peanuts, almonds, M&Ms and milk chocolate covered cranberries.



**BEEF STICKS - TWO VARIETIES
8 OZ. PACKAGE \$8.50**

**BICE'S QUALITY
CRITTER RANCH
VESPER**

19. PLAIN

20. JALAPENO

These sticks are made from quality grass-fed Galloway beef. Pasture-raised animals are healthier for the environment, people and animals. Beef sticks contain pork and are free from preservatives.



**21. SUMMER SAUSAGE
8 OZ. PACKAGE \$8.50**

This delicious grass-fed, uncured summer sausage log has no added nitrates or preservatives. Contains some pork.



LOCAL CHEESE

OMEGA NATURALS, LLC
DORCHESTER

12 COUNT 1 OZ. STICKS \$9

22. MONTEREY JACK

23. CO-JACK

1 LB. BLOCK \$7

24. PEPPER JACK

25. WHITE CHEDDAR

26. YELLOW CHEDDAR

Omega Naturals (formerly Omega Valley Farmers) cheese contains the highest level of Omega 3 fatty acids available. Produced in Central Wisconsin from local farms, all varieties are rBST free.



Farms follow humane treatment protocols.

27. MAPLE SYRUP PINT \$16.50

28. MAPLE SYRUP QUART \$25.50

29. BOURBON BARREL AGED

MAPLE SYRUP 375 ml BOTTLE \$36

JAY'S HILLTOP
SUGARHOUSE
NELSONVILLE



After 12 years of sugar making, we have a new product. Our Bourbon Barrel Aged Maple Syrup comes in a 375 ml bottle, has no alcohol, and picks up a tasty blend of flavors from a freshly emptied oak bourbon barrel. A unique combination of maple, oak, vanilla and bourbon. Great product for use in cooking. Enjoy!



COOKBOOKS

FAIR SHARE CSA COALITION
MADISON

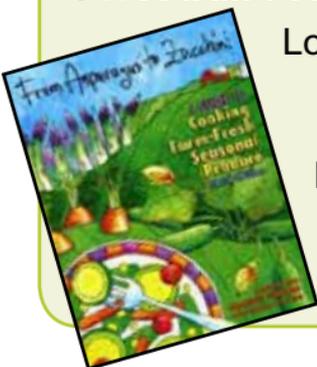
30. FROM ASPARAGUS TO ZUCCHINI:

A GUIDE TO COOKING FARM-FRESH, SEASONAL PRODUCE \$20

31. FARM FRESH AND FAST \$25

Looking for more Fair Share CSA cookbooks? Visit Farmshed at the Winter Market or farmshed.org.

No growing practices available.



32-38. GIFT CERTIFICATES \$10



These businesses support local farmers by carrying local food and food grown without pesticides.



FATHER FATS STEVENS POINT

32. Father Fats is uniquely devoted to ingredients straight from the fertile lands of Wisconsin.

**Proceeds will support chef demos at area schools.*

33. Emy J's roasts and serves all fair trade, organic coffees. Our ice cream is made in Madison, Wisconsin by Chocolate Shoppe Ice Cream.

EMYJ'S STEVENS POINT

34. A full service health food store with friendly, knowledgeable service.

FAMILY NATURAL FOODS WISCONSIN RAPIDS

35. Located on the corner of Fourth and Second

STEVENS POINT CO-OP STEVENS POINT

St, the co-op focuses on delivering high quality natural, organic and locally sourced products.

new
vendor

36. Located inside the Stevens Point Co-op, Earthcrust's baked goods are made with organic flours and grains. We also use local dairy products, eggs, honey and vegetables. We meet our electrical needs with solar power.

EARTHCRUST BAKERY STEVENS POINT

37. The Market on Strongs works with local producers to bring in great Wisconsin products. Some of our exclusive vendors include:

MARKET ON STRONGS STEVENS POINT

Raikowski Farm (meat), Zorlan Acres (duck and chicken eggs), Sheepy Hollow (lamb meat), and Irene! (homemade soaps and lotions). Also offering produce, bison, honey, maple syrup, milk (in glass bottles), specialty cheeses, and more!

38. This bakery offers artisan sourdough bread, specialty cakes, scones, cookies & more! Made from scratch with organic and local ingredients.

MAIN GRAIN BAKERY STEVENS POINT

WHO ARE WE?

Schools, businesses and families with a passion for promoting healthier lifestyles and supporting our local economy are excited to offer this innovative approach to school fundraisers. This fundraiser is in its eighth year and includes ten schools (participating schools are listed at farmshed.org). We hope for continued growth in Portage and Wood County schools.

WANT TO HELP?

You can assist with this fundraiser or similar projects by contacting Farmshed. Farmshed has been an integral partner of the Local Food Tastes Great! Fundraiser since 2011.



1220 Briggs Court
Stevens Point, WI
54481
farmshed.org
(715) 544-6154
info@farmshed.org



Thank you to Dolce
Imaging & Printing for
their wonderful customer
service!

WITH YOUR PURCHASE, YOU AGREE TO ASSUME RESPONSIBILITY FOR THE CONDITION AND SAFETY OF THE FOOD PRODUCT. IF YOU ARE DISSATISFIED IN ANY WAY, PLEASE CONTACT THE PRODUCER DIRECTLY. PRODUCT SUBSTITUTIONS MAY BE MADE IF DEMAND IS TOO GREAT FOR ANY ONE PRODUCER.